



Eagles View

JULY 2025 | VOL. 27

Weekly Newsletter of
Sts. Bruno & Richard
School



Summer Survival Guide!

Summer fun is in full swing, and we've got the perfect Summer Survival Guide to help you stay sharp, safe, and ready for school. Packed with tips, fun ideas, and quick challenges—it's your go-to for making the most of every sunny day! ☀️🌊

1. Keep Your Brain Buzzing

- Read at least 15 minutes a day (library books, graphic novels, cereal boxes—reading is reading!).
- Play word games, puzzles, or explore fun educational apps.
- Start a summer journal: Write about your adventures, dreams, or favorite snacks!

2. Get Creative

- Make a DIY craft from things around the house.
- Learn a new skill—painting, baking, origami, or coding!
- Start a sidewalk chalk mural and invite the neighborhood to join.



3. Move Your Body

- Dance it out to your favorite song every morning.
- Ride your bike, jump rope, or play tag with friends.
- Try a new sport or make up your own backyard Olympics.

4. Explore the Outdoors (Safely!)

- Visit a local park, go on a nature scavenger hunt, or have a picnic.
- Don't forget sunscreen, a hat, and plenty of water.
- Be mosquito-smart: use repellent and cover up during dusk hours.

5. Screen Time Smarts

- Set limits: Watch with purpose, not out of boredom.
- Use devices to create, not just scroll—film a mini movie, design a slideshow, or make digital art!



Bonus: Try a Summer Challenge!

- ✓ Read 5 new books
- ✓ Try 3 new fruits
- ✓ Visit 2 new places
- ✓ Write 1 letter to a teacher or friend

Have a safe, joyful, and adventure-filled summer!



We can't wait to hear about it when you return!

6. Snack Like a Champ

- Try frozen grapes, fruit smoothies, or DIY trail mix.
- Stay hydrated—water > soda.
- Cook something new with a grown-up's help!

7. Rest and Recharge

- Aim for 8–10 hours of sleep a night.
- Take breaks when you feel overwhelmed—even in summer!
- Practice gratitude: Think of 3 things you're thankful

Stay Cool, Stay Safe, Stay Awesome!



Tiny

Explorers

Unite! Full-Day PK Fun for 3 & 4-Year-Olds at

Sts. Bruno & Richard! Sign

Up Today!



Embark on a Grand Adventure at Sts. Bruno & Richard School! ☀️

At Sts. Bruno & Richard, big dreams take flight—starting in Pre-K! Our full-day program for 3- and 4-year-olds offers a safe, nurturing environment where little learners can grow academically, socially, and spiritually.

With hands-on learning, engaging activities, and daily opportunities for exploration, our Pre-K program sparks curiosity, creativity, and a lifelong love of learning. Watch your child's imagination soar as they build the foundation for future success!

Contact the school office to schedule a private tour.

5025 S Kenneth Ave / 773.582.8083 /

www.sbrchicago.org

Summer Office Hours: Mon - Thur 8:30a - 2p



¡Pequeños

Exploradores,
Únanse!

Diversión de PK

Día Completo

para Niños de 3 y

4 Años en Sts.

Bruno y Ricardo!

¡Inscríbete Hoy!

